Perinatal Loss Support Groups & Organizations

Resource Booklet 2012
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**British Columbia Support Groups:**

1. **Empty Cradle**
   Empty Cradle is a peer support group offering friendship and understanding to parents who have experienced the loss of an infant or failed pregnancy. Empty Cradle’s main goal is to listen and provide support in a safe, caring environment. Patty Lou, a bereaved parent who found no means of support for her losses, founded Empty Cradle in 1991. Meet on the 2nd Wednesday of every month at 7:30PM at Olivet Baptist Church, 613 Queens Ave. New Westminster BC.
   
   2217 Hamilton St.
   New Westminster, BC V3M 2P9
   nils@bc.sympatico.ca
   Contact: Nancy Slinn
   **TEL: (604) 469 1272**

2. **Pen Parents of Canada**
   Pen Parents is a network of bereaved parents who correspond through mail. Please contact them for more information or to join.
   
   PO Box 52548
   1102-2929 Barnet Highway
   Coquitlam, BC V3B 7J4
   **TEL: (604) 469 1272**

3. **Perinatal Loss Support Program**
   Offers a specialized grief support program for parents coping with the loss of an infant due to miscarriage, stillbirth, or within the first year of life.
   
   33134 Marshall Road
   Abbotsford, BC V2S 1K5
   info@abbotsfordhospice.org
   [http://www.abbotsfordhospice.org](http://www.abbotsfordhospice.org)
   Fax: (604) 852 2459
   **TEL: (604) 852 2456**

4. **Griefworks Helpline B.C.**
   **TEL: (604) 875 2731 or 1 877 234 3322**

5. **Perinatal Loss Group**
   A group for parents grieving after perinatal loss.
   
   BC Children’s Hospital
   Contact: Lori Scheckter
6. B.C. Bereavement Foundation
   TEL: (604) 738 9950

7. Lion’s Gate Hospital
   Social Work Counselor
   TEL: (604) 984 5810

→ Vancouver Area:
   1. Reproductive Medicine
      This program offers a number of reproductive health services for women and their
      partners in the areas of pregnancy loss, infertility, premature ovarian failure,
      endometriosis, and menstrual irregularities. In addition, this program provides
      comprehensive evaluations of women with complex medical problems such as arthritis,
      vascular and clotting disorders who are contemplating pregnancy.
      Recurrent Pregnancy Loss Clinic - assists women and couples experiencing three or more
      miscarriages, a late pregnancy loss, or women over thirty-five with two miscarriages.
      Pregnancy Loss Support Group at BC Women’s Hospital & Health Centre -
      TEL: (604) 875 3788
      Family Services Vancouver – TEL: (604) 731 4951

      BC Women’s Hospital & Health Centre
      4500 Oak Street
      Vancouver, BC. V6H 3N1

   2. The Wishing Well – Counseling Service
      The Vancouver Wishing Wells Counseling Service provides counseling support in the
      Vancouver area. Our counseling services include Individual Counselling, Couples &
      Family Counseling, Play Therapy, Filial Therapy, Child Behavior Consultation and
      Support, and Counselling for Adolescence.

      Oakmont Medical Building
      809 West 41\textsuperscript{st} Ave, Suite 120
      Vancouver, BC V5Z 2N6
      info@wishingwells counselling.com
      www.wishingwells counselling.com
      TEL: (604) 568 6556

   3. Compassionate Friends
      TEL: (604) 986 9954 or (604) 293 1790
      www.compassionatefriends.org

   4. Community Health Nurse – Coastal health Authority
5. **Willow Tree Counselling**  
Grief is an emotional response to a loss of some kind. It may be known as mourning or bereavement when we are grieving the loss of a loved one.

#239-1271 Howe Street  
Vancouver, BC V6Z 1R3  
megan@willowtreecounselling.ca  
**TEL: (604) 521 3404**

6. **Living with Loss**  
101-395 West Broadway  
Vancouver, BC V5Y 1A7  
**TEL: (604) 873 5013**

7. **Family Services of Greater Vancouver**  
Has access to information on support groups in the greater Vancouver area.

1616 West 7th  
Vancouver, BC. V6J 1S5  
**TEL: (604) 731 4951**

**Alberta Support Groups:**

→ **Fort McMurray:**

1. **Sleeping Angels**  
Support for bereaved parents who have experienced the death of a baby due to early pregnancy loss, stillbirth, or in the first few months of life, and SIDS.  
Meetings are free but do require registration and are held the last Wednesday of every month from 7pm -9pm.

Some Other Solutions  
9908 Manning Avenue  
Fort McMurray, AB  
Contact Jennifer  
**TEL: (780) 743 8605**

→ **Edmonton:**

1. **Parent Care**  
ParentCare is a support group made up of Parents Helping Parents who have suffered the loss of a baby through miscarriage, ectopic pregnancy, stillbirth or early infant death up to 28 days. The group meets on the third Thursday of every month from 7:30-
9:30 PM to share experiences, exchange information, and generally support one another through a difficult and often lonely time.

Mother Rosalie Health Services Centre  
Misericordia Hospital  
16930-87 Avenue  
Edmonton, AB  
PO Box 3081  
Spruce Grove, AB T7X 3A4  
Contact: Patti Walker  
Support@parent-care.ca  
TEL: (780) 989 5040

2. Grieving Parents of Edmonton Society  
A support group for parents grieving the death of a child regardless of age or circumstance. Provides support from parents who have experienced the death of a child to help other parents cope with their loss. Meet every 3rd Thursday of the month at 7:30PM.

The Plumbers & Pipefitters Union Building.  
16214-118th Ave NW  
Edmonton, AB  
gpchair@grievingparents.ca  
www.grievingparents.ca  
TEL: (780) 451 5381

3. SIDS (Sudden Infant Death Syndrome)  
Dedicated to the emotional support of those who are affected by SIDS.

info@sids-edmonton.ab.ca  
TEL: (780) 487 SIDS or (780) 487 7437

4. Angel Whispers  
Baby Loss Support Group: For families who have lost a baby during pregnancy or shortly after birth.  
Pregnancy after a loss: For families who are joyfully and anxiously pregnant again after losing a baby. Meet every 2nd Sunday of every Month from 7:00-9:00PM.  
Call to register and for current meeting dates.

Head Office:  
Fort Saskatchewan Families First Office  
10302A 99Ave  
angelwhispers@familiesfirstsociety.ca
www.angelwhispers.ca/angelwhispers
Contact: Lori-Ann
TEL: (780) 964-7464 or (780) 998-5595 ext 225

   Edmonton/Sherwood Park Chapter
   A baby loss support program for anyone touched by the loss of a baby during pregnancy or anytime after birth.
   Meet Monday evenings at the BriarPatch Family Life Education Centre in Sherwood Park: 7:00PM.

   #44, 48 Brentwood Boulevard
   Sherwood Park, AB
   Contact: Cheryl Roberts
   Heartsbabyloss@shaw.ca
   TEL: (780) 464 3217

6. **The Compassionate Friends of Strathcona County**
   Support for families who have experienced the death of a child at any age, for any reason. Meet Monday evenings at the BriarPatch Family Life Education Centre in Sherwood Park.

   Contact: Cheryl Roberts
   Strathconacounty@tcfcanada.net
   TEL: (780) 464 3217

7. **Reproductive Mental Health Support Program**
   Provides support to women in their reproductive years who are experiencing emotional issues along with their physical reproductive issues. Short term individual, couple, and/or group support with a Mental Health Therapist or Psychologist at no charge.

   Michelle.brandenberg@albertahealthservices.ca
   TEL: (780) 735 6785

→ **Red Deer:**
      Red Deer Chapter.
      A baby loss support program for anyone touched by the loss of a baby during pregnancy or anytime after birth. Meet the 2nd Tuesday of each month at 7:00PM.

      Red Deer Brumner Avenue
      Community Health Centre
      Contact: Simone Schumacher
      heartsreddeer@shaw.com
TEL: (403) 309 4344 ext 105

→ Calgary:

1. Caring Beyond
   Caring Beyond offers peer support to parents who have lost a baby due to miscarriage, ectopic pregnancy, stillbirth, neonatal death and termination due to poor prenatal diagnosis. We believe all losses to be equal regardless of circumstance or gestation. All of these babies were loved and wanted. Parents considering a subsequent pregnancy are also offered reassurance and support.
   Monthly meetings are held the 1st Wednesday of each month in Room 160 at the Women’s Health Centre 7:30-9:30PM.

TEL: (403) 294 1131 or (403) 944 2274

2. Pregnancy and Infant Loss Program
   A part of the Women’s Health Ambulatory Care Program and it provides information regarding choices for completion of a miscarriage (under 12 weeks gestation); guidance and intervention; grief support to parents and other family members who have experienced a pregnancy loss (miscarriage, ectopic pregnancy, still birth, neonatal death or termination) through individual, couple, and group counseling.

Foothills Medical Centre
Women’s health Centre, North Tower
1403 29 St NW
Calgary, AB T2N 2T9
TEL: (403) 944 2272 (grief support program) or (403) 944 3192 (early pregnancy loss program)

Saskatchewan Support Groups:

1. Canadian Foundation for the Study of Infant Deaths
   Provides literature resources and videos on sudden infant death syndrome and on reducing the risk of SIDS. They also publish a quarterly newspaper and provide emotional support to families who have lost a child to SIDS. The national number can put you in touch with a support person in your area.

586 Eglinton Ave. E, Suite 308
Toronto, ON. M4P 1P2
TEL: 1-800-363-7437 (24hours)

2. Compassionate Friends- Saskatoon Chapter
   A self-help bereavement group meets on the last Tuesday of every month through out the year. This group is for parents who have experienced the loss of a child at any age, for any reason, no matter of the race or religious affiliation.
Meeting location: W A Edwards Centre, 333 4th Ave. N
S7K 2L8

TEL: 374-8862
Fax: 477-2285
www.members.shaw.ca/gkachur/tcf.html

**Manitoba Support Groups:**

1. The compassionate friends of Canada
   The Compassionate Friends is an international, non-profit, non-denominational, self-help organization offering support and grief education to families who have suffered the loss of a child, from others who have experienced a similar loss.

   http://tcfcanada.net/
   1321 13th St.
   Brandon, MB R7A 4S5
   TEL: 204-727 1823

2. Crisis Pregnancy Centre –Winnipeg

   650 Broadway Avenue West
   Winnipeg Manitoba R3C 0C3
   TEL: 1 800 665 0570
   loss@pregnancy.ca
   chris@pregnancy.ca

**Ontario Support Groups:**

1. BabySteps
   Named after the baby steps that form the long and difficult road to recovery from the loss of a child. Support, resources and dedications.

   182-1054 Centre Street
   Thornhill, ON L4J 8E5
   www.babystepsgiftshop.com
   Email: info@babysteps.com
   TEL: 905 707 1030

2. Bereaved Families of Ontario/Toronto
   Provides peer mutual support to anyone who has had a loved one pass away.

   28 Madison Ave.
   Toronto, ON M5R 2S1
   562 Eglinton Ave. E
   Toronto, ON M4P 1P1
3. Bereaved Jewish Families of Ontario
   Self-help groups for parents who have lost a child; family nights; lending library.

   Jewish Family and Child Service
   4600 Bathurst Street
   Willowdale, ON
   M2R 3V3
   TEL: 416-638-7800 ext 202

4. Good Grief
   Bereavement group offered in 6-8 week cycles in the evenings for those who have suffered the death of a loved one.

   Paulist Centre
   830 Bathurst St.
   Toronto, ON
   TEL: 416-534-4219

5. Halton Infertility & Pregnancy Support Services
   TEL: 905-967-2935

6. Perinatal Bereavement Services of Ontario
   Support services for families who have lost a baby. Group support, one-to-one, subsequent pregnancy support, and annual memorials. Educational training for professionals.

   6060 Highway 7 Suite 205
   Markham, ON
   L3P 3A9
   TEL: 1-888-301-PBSO (7276)
   TEL: 905-427-1807
   pbsocares@pbso.ca
   www.pbso.ca

7. Pregnancy and Infant Loss Network (PAIL Network)
   PAIL network is a registered Canadian charity committed to making a positive difference to those affected by pregnancy and infant loss.
8. The Scarborough Hospital Grace Division
The Pastoral Care Department of the hospital offers a comprehensive perinatal loss program including making mementos (eg. Handprints) at the time of the loss, a grief group for parents, and a memorial service for cremated remains or miscarried and aborted fetuses.

www.tsh.to/patients/pat_ps_fcm_bsg.aspx

**Quebec Support Groups:**
1. Forever a Baby
   
   Dawn Cruchet  
   Grief Educator, Facilitator  
   **TEL: 514-279-7358**

2. The Centre for Reproductive Loss  
   **TEL: 514-486-6708**

**Nova Scotia Support Groups:**
1. Bereaved Families of Cape Breton  
   Bereaved Families of Cape Breton is a registered non-profit organization that was established in 1990 to serve Industrial Cape Breton. It was formed by local social workers, clergy, palliative care workers and bereaved persons who identified the need to support those who have experienced the death of a loved one. Bereaved Families also acts as a resource in educating the public to cope with and understand the grieving process, and prepare individuals to facilitate and lead Grief Recovery Groups. In addition to Grief Groups, support and share nights are held regularly at varying locations throughout CBRM.

   188 George Street, Sydney  
   P.O. Box 45  
   Station Sydney, Nova Scotia  
   B1P 6G9  
   **Tel: (902) 564-6795**  
   Email: info@seaside.ns.ca  
   Web: www.cbhelp.ca

2. Bereaved Parents Support Group  
   Michelle Rigby, Social Worker – **(902) 893 5536**  
   Barb Smith – **(902) 673 2549**

3. Project Rachel- Post Abortion Healing
Project Rachel is a confidential post-abortion healing ministry of the Catholic Church, extending the love, mercy, and forgiveness of God to anyone suffering the heartache that may follow an abortion choice. Project Rachel is for people of all walks of life and from all backgrounds.

PO Box 8333, Station A. Halifax, NS B3K 5M1  
TEL: (902) 423 9955  
Projectrachel_halifax@yahoo.ca

**Alaska Support Groups:**

1. **Center for Loss in Multiple Births (CLIMB, Inc)**
   By and for parents who have experienced the death of one or more multiples during pregnancy, at birth, in infancy, or in childhood, and for professionals and others with an interest in multiple birth loss. Bereavement support literature and contact with other multiple loss parents available.

   Lisa -273 7029  
   Becky -274 0010  
   Parlmer: Jean -746 6123

2. **Healing Hearts**
   Support group for mothers who have experienced the death of a child.

   44758 Sterling Highway, Unit B, Soldotna, AK.  
   Sue Zursluh – 262 0453

3. **Grief Share Recovery Ministry**
   A program for people adjusting to the death of a family member. Meets Thursdays at 7:00p.m. at Anchorage Baptist Temple, 6401 Northern Lights Blvd.

   Pastor Tony Smith – 333 6535

4. **Lost and Found Grief Group**
   Support group for anyone who has experienced the death of a loved one. Meetings are held every Wednesday at 7:30 p.m. in the 4th floor (State Farm Conference Room) at Wells Fargo Bank at Northern Lights/C Street.

   Fred Kehl – 345 2525  
   Forest Lawn – 344 1497

5. **The Compassionate Friends**
   For families who have lost a child of any age through death. Meets 1st and 3rd Wednesday 6:30 to 8:00 p.m. at Providence Alaska Medical Center in the Pediatric Subspecialty Clinic conference room, 3rd floor, Bldg D.
Barbara Stephl, Chapter Leader – **248 1063**
Group Voice Mail – **273 5409**
Stephl@alaska.net

6. Parents’ Grief Support Group
A support group for parents who have experienced death of a child. The group meets at the Trinity Barn Plaza Community Room, Mile 2.2 Palmer- Wasilla Hwy.

Carl and Joyce Lund – **352 4800**
Kathy Franzenburg – **745 0726**

7. Parents Reaching Out
Assisting grieving parents and significant others through miscarriage or death of an infant. Meets 1st and 3rd Thursday of each month at Zion Lutheran Church, 2100 Boniface Parkway, from 7:00 to 9:00 p.m.

Lisa – **274 7029** or **273 5409** (voice mail)
Diane Beauvais, Valley Support Group – **373 2526**
Parentsreachingout.net

**United Kingdom Support Groups/Organizations:**

1. Ace Babes
A charity set up to support couples with families conceived by Assisted Conception techniques. Offers help to those who have experienced pregnancy loss after assisted conception, through access to members with this specific experience on their bulletin board.

2. AIMS (Associations for Improvements in the Maternity Services)
UK pressure group for better maternity care. Although a pregnancy- and childbirth-led organization, the website includes excellent articles on the experience and perception of miscarriage and pregnancy loss, and AIMS continues to campaign for better care for parents suffering the loss of a baby during pregnancy or neonatally.

3. Basingstoke Cot Death Support Group
The group offers support to newly-bereaved parents by visiting at home, and also through monthly meetings. These meetings are usually held on the first Tuesday of each month.
Contact: Jackie McLaurin  **Tel: 01256 412818**

4. Birmingham Miscarriage Group
We meet on the first Tuesday of every month, between 7pm & 8.30pm in the Education Resource Centre at the Birmingham Womens Hospital in Birmingham. Contact: Alison Simons on Tel: 07734 356550

5. Bournemouth Miscarriage Group
Support and advice for women who have suffered a miscarriage. Phone contact initially, visits or meetings arranged on one-to-one basis if required.
Contact: Mrs Y Trapp
Tel: 01202 580751

6. Bridgewater Baby Loss Group
The Bridgewater Baby Loss Group (Sedgemoor and North Somerset) meets monthly on a Tuesday evening 7-9 pm at the Sydenham Family Centre, Fairfax Road, Bridgwater. The aim of the group is to enable women who have lost a baby either during pregnancy through miscarriage or termination for problems in the pregnancy, or around the time of birth, or those who have lost an older baby or young child to meet. This may be either a recent experience or occurred a number of years ago. Partners are also welcome to the meetings. Referrals are welcome from health professionals or directly. Contact: Kathy Carden (Midwife) or Wendy Cox (Health Visitor)
Tel: 01278 446253

7. Cambridgeshire and Hertfordshire: Support after Pregnancy Loss
Support is available by telephone, and by email by contacting Janet Sackman and in support groups held every two weeks in different parts of Cambs and Herts. Quarterly newsletter and support materials available, plus annual services of Remembrance in Cambridge and Hemel Hempstead.
Tel: 01763 249243

8. Chester and North Wales Miscarriage Support Group
Meets monthly meeting on the first Tuesday of every month in the Shotton, Flintshire area. Hospital visits also offered. I am a telephone contact for the Miscarriage Association and I am always here to listen and help support anyone who has lost a baby.
Contact: Karen Dalton Tel: 01244 811473

9. Compassionate Friends
The Compassionate Friends (TCF) is an organisation of bereaved parents and their families offering understanding, support and encouragement to others after the death of a child or children. Our Helpline is always answered by a bereaved parent who is there to listen when you need someone to talk to, and can put you in touch with your nearest Local Contact. The helpline also offers support and information to those supporting bereaved families. It is open every day of the year - 10am to 4.00pm / 6.30pm - 10.30pm (GMT).
Tel: 0845 123 2304
10. CRUSE Bereavement Care
Charity offering help to people bereaved by death, in any way, whatever their age, nationality or belief. Help includes counselling, bereavement support groups and advice or information on practical matters.
Helpline: 0844 477 9400

11. Dundee Baby Bereavement Support Group
The Baby Bereavement Support Group meets every 2nd Thursday of the month at Ninewells Hospital in Dundee. There will be a Christmas Service of Remembrance held at the University of Dundee Chaplaincy Centre on Thursday 12 December at 7.30.
Tel: 01382 645880

12. Ectopic Pregnancy Trust
Provides support and information to couples who have suffered an ectopic pregnancy. Offers a helpline and support network. Also supports research into the underlying causes, treatment and prevention of this life-threatening condition and strives to improve the diagnosis and treatment of ectopics within the medical profession.
Helpline: 020 7733 2653

13. Farnborough Baby & Infant Bereavement Group
Contact: Mrs Joy Donaldson
Tel: 01252 545429

14. Forget Me Not Support Group, Cornwall
Support for anyone affected by the loss of a baby during pregnancy, and for anyone who needs support during subsequent pregnancy. A friendly welcome, literature and information available at meetings. We meet twice a month at St Austell Community Hospital, Porthpean Road, St Austell 7-8.30 p.m. 2nd Thurs - Support Following Pregnancy Loss 4th Thurs - Support During Subsequent Pregnancy Run by bereaved parent for bereaved parents and their families. Visit the group website at http://www.forgetmenotbaby.org for more information and details of other meetings. Contact: Jenny Moore

15. Foundation for the Study of Infant Deaths
The Foundation for the Study of Infant Deaths (FSID) is one of the UK's leading baby charities working to prevent infant deaths and promote baby health. FSID carries out its aims by funding research, supporting bereaved families and promoting information on how to reduce the risk of cot death to health professionals and the public. FSID runs a helpline on 020 7233 2090: 9am to 6pm, Monday to Friday, calls are answered in confidence by trained advisors. 6-11pm, every day of the year, calls are answered in confidence by trained befrienders who have been bereaved by the sudden and unexpected death of their baby.
16. Grimsby Miscarriage Support Group
We are a small group that meets on the first Monday of every month at 7:30pm, in Ward B2 Resource Room at the Diana, Princess of Wales Hospital in Grimsby. Please feel free to come along. Visit the group website at http://www.grimsbymiscarriage.co.uk for more information.

17. Huntingdon Miscarriage Support Group
This new group runs every 3rd Thursday, 7.30pm to 9.30pm, and is held at The Acorn Centre, Oxmoor, Huntingdon, Cambridgeshire.
Contact: Amanda 01480 384538  Trisha 01487 741456  or by emailing Amanda Buckenham

18. Leeds Miscarriage Support Group
The Leeds Miscarriage Support Group meets on the 2nd Tuesday of every month from 7.30pm at the Leeds General Infirmary, Assisted Conception Unit, Floor C. The aim of the group is to enable women who have lost a baby either during pregnancy through miscarriage to meet others who have suffered similar losses. This may be either a recent experience or occurred a number of years ago. Partners are also welcome to the meetings. Support is also available by phone.
Contact: Denene Capper  Tel: 01274 772474

19. Liverpool (Women’s Hospital) Miscarriage Support Group
A small, friendly informal group where you can meet with others who have had the same experience, in a safe environment. No appointment necessary. Meetings are held on the first Thursday of every month at the Liverpool Women’s Hospital at 7.30pm in the conservatory on the ground floor. Contact: Eileen Ryan

**Online: Amber's Support Group**  Support group for families who have experienced the death of a baby during pregnancy. Also provides support for families of babies born prematurely.

**Online: Losing a Baby**  Support group for people who have experienced miscarriage.

20. Southampton Miscarriage Association Support Group
Meets on the second Thursday in every month at the Princess Anne Hospital, Southampton
Helpline: 07860 370709

21. Stockport Miscarriage & Ectopic Pregnancy Support Group
We meet on the first Wednesday of the month at Stepping Hill Hospital, Stockport, from 7.30 pm.
Contact: Elaine Doyle or Elaine Gregory  Tel: 0161 286 3327

22. St. Paul’s Tintagel Miscarriage Support Group
A Catholic miscarriage support group. Aims of the group include an annual mass for all miscarried babies at the church of St Paul the Apostle, Tintagel, Cornwall; and a memorial book kept in church for all miscarried babies and their families regardless of religious beliefs. Anyone wishing to include their babies and their families is welcome to email miscarriage@rosenthalenglish.worldonline.co.uk or go to http://beehive.thisiscornwall.co.uk/tintagelcatholic - open the miscarriage support page and fill in the online form.

23. The Child Death Helpline
The Child Death Helpline is a national freephone service staffed by bereaved parents. It is a joint venture between the Royal Liverpool Children’s NHS Trust Alder Hey and Great Ormond Street Hospital for Children NHS Trust. The Helpline is for parents or anybody affected by the death of a child of any age from pre-birth to adult, under any circumstances. Child Death Helpline: Evenings 7pm - 10pm, Monday to Friday 10am - 1pm, Wednesday afternoons 1pm - 4pm
Tel: 0800 282986

24. The Miscarriage Association
Provides support and information for those affected by the loss of a baby in pregnancy. Offers a helpline (9am to 4pm), a network of support groups and telephone contacts across the UK, and a range of leaflets, factsheets and audiotapes. Also works to raise awareness and sensitivity amongst health care professionals through conferences, workshops and supporting clinical research projects.
Helpline: 01924 200799

25. Torquay Miscarriage Support Group
For those who have suffered miscarriage or ectopic pregnancy. We meet on the first Monday of each month in the Meeting Room, Level 4, Maternity Unit, Torbay Hospital.
Contacts: Gill Tel: 01803 400740 or Karen Tel: 01803 296667

26. Sands (Stillbirth and Neonatal Death Society)
Support for parents and families whose baby is stillborn or dies soon after birth. Offers a helpline (9.30am - 5.30pm, Monday to Friday), local groups run by and for bereaved parents and a range of information resources including publications and leaflets. Sands also provides information, support and training for health and other professionals and funds research into perinatal loss.
Helpline: 020 7436 5881

27. Save the Baby
The Save the Baby Unit at St Mary's Hospital in Paddington - formerly known as St Mary's Recurrent Miscarriage Clinic - is the largest clinic of its kind in the world. For over 15 years, this internationally renowned service has helped people affected by infertility, recurrent miscarriages and later pregnancy complications. Thanks to the clinic, over a
thousand couples every year give birth to healthy live babies who would not otherwise exist.

28. Scottish Care & Information on Miscarriage (SCIM)
   Offers a specialised counselling service for: miscarriage, stillbirth, neonatal death, and related issues such as; infertility, depression, stress, relationship difficulties, emotional support, employment issues, loss and bereavement.
   **Tel: 0141 552 5070**

29. Wolverhampton (New Cross Hospital) Miscarriage Group
   For those who have experienced a miscarriage or death of a child. One-to-one bereavement counselling offered. Contact: Chris Hammond, Delivery Suite, New Cross Hospital, Wolverhampton
   **Tel: 01902 643118**

**United States Support Groups:**

1. Alive Alone
2. Always Loved ~ Never Forgotten
   Monthly Newsletter and Support Group for anyone who has lost a child of any age. You are not alone… Lets remember our children, one memory at a time.
   www.home.comcast.net~alnf1

3. Angel Babies Forever Loved
   “...a non-profit corporation established to support grieving parents of infants. Whether from miscarriage, stillbirth, neonatal loss, or SIDS, we all share in the loss of our babies.

   www.angels4ever.com
   angelbabiesforever@gmail.com

4. Angel Wing Parents, Inc.
   We are a group of parents who have lost children at all different stages of their lives. Our children in their short time on earth brought so much light to everyone around them. We do kind acts and charity work in the name of our children to keep their light shining bright. We are here to support and help each other through this hard journey we have begun.

5. A Place to Remember
   Uplifting support materials and resources for those who have been touched by a crisis in pregnancy or the death of a baby.

   www.aplacetoremember.com
   1885 University Avenue Suite 110
   Saint Paul, MN 55104
6. Baby Dreamers Ministry
Baby Dreamers Ministry is a Christian-based online community purposed to encourage married couples living through the challenges of infertility, miscarriage, and infant loss.

www.angelbabyministries.net
123W. Market Street
Orwigsburg, PA 17961
angelbabies@verizon.net
TEL: 1-570 366 8676 or 1-570 366 8675
FAX: 1-570 366 8674

7. Beloved Angels
You will find support and resources for those whose lives are touched by the tragic death of a baby through early pregnancy loss, stillbirth or newborn death. In addition, you will find our own story about a very early miscarriage and how we now have the understanding about our loss of our unborn baby that we have named Davin and our niece Emily that was born too early and grew her wings six days after being born. Please view the Precious Angels page to view memorials for special angels, created out of love from their parents.

www.belovedangels.freeservers.com

8. Bereaved Parents of USA
It is a non-profit self-help group that offers support, understanding, compassion and hope especially to the newly bereaved be they bereaved parents grandparents or siblings struggling to rebuild their lives after the death of their children, grandchildren or siblings. It is open to all parents, grandparents and siblings regardless of the age or the circumstances of the death of their children, grandchildren or siblings.

http://www.bereavedparentsusa.org/
Bereaved Parents of the USA
PO Box 622
St Peters, MO 63376
TEL: 630-841-7056
HELPLINE: 800-273-8255

9. First Candle
Dedicated to helping parents cope after the death of their baby from SIDS, Stillbirth and other infant death.

www.firstcandle.org
10. Forever Our Angels
Hannah Stone writes and speaks on various topics of pregnancy loss. She is the author of “Forever Our Angels” and “Remembering Our Angels: Personal Stories of Healing from a Pregnancy Loss”.
www.foreverourangels.tripod.com

11. Grief Speaks
Presentations, workshops, training, assemblies and keynotes on supporting individuals who are coping with grief due to different types of loss, including miscarriage and stillbirth loss.

http://www.griefspeaks.com/
lisa@griefspeaks.com
TEL: (973) 912-017

Grief related to pregnancy and infant death. Has a chatroom, information about helping children grieve, other death directories, lesbian and gay family support (children’s death as well as many other issues).
www.growthhouse.org/natal.html

13. HAND: Helping After Neonatal Death
HAND, which stands for Helping After Neonatal Death, is a non-profit, volunteer group founded in the early 1980’s to provide support and information to bereaved parents, their families and friends following a miscarriage, stillbirth, or newborn death. Highlights of this site include a virtual quilt and online newsletter.

www.handonline.org
PO BOX 341
Los Gatos, CA 95031
TEL: 1 888 908 4263 24hr phone line

14. Hannah’s Prayer
Hannah’s Prayer desires to provide Christian based support and encouragement to couples around the world who are struggling with the pain of “fertility challenges” including infertility, pregnancy loss or early infant death. They also have a newsletter.

www.hannah.org
PO Box 92737
15. A Heartbreaking Choice
For parents who interrupt a wanted pregnancy following poor prenatal diagnosis. With the increased use of prenatal testing, more and more families are faced with the devastating news that something is seriously or fatally wrong with their unborn baby. For those parents who choose to interrupt their pregnancies after poor prenatal diagnosis, there is very little in the way of support programs. With this site and the dedication of courageous parents willing to reach out, we hope to create a safe haven of encouragement and validation.
www.aheartbreakingchoice.com

16. Heavenly Angels in Need
We give burial items for baby no matter how young, and memory boxes free to grieving families. Serve nationally.
www.heavenlyangelsinneed.com

17. Hygeia
Hygeia Foundation for Perinatal Loss and Bereavement Inc. Its mission: To assuage the hurt and the pain... the grieving and the sorrow... which accompanies the loss of a pregnancy or newborn child. Included are: a resource center, poetry, memories and mementoes and stories.
www.hygeia.org

18. Honored Babies
A place where mothers whose babies have died (miscarriage, ectopic pregnancy, stillbirth, neonatal death, infancy death, and/or pregnancy termination) can add their babies to an Online Memorial, join an Online Support Group Email list (there's also one for Grandmothers), and submit their “entire story” for book publication. Also offered is a Resource Centre and keepsakes.

Paula Long
5309 Thornwood Circle
Dickinson, Texas 77539
TEL: 281 337 1822 or 832 656 8404

19. Infants Remembered in Silence, Inc. (IRIS)
Non-profit organization that is dedicated to offering support, education and resources to parents, families, friends and professionals on the death of a child in early pregnancy or from stillbirth, premature birth, neo-natal death, birth defects, sudden infant death syndrome (SIDS), illness, accidents, and all other types of infant & early childhood death. They provide bereavement support packages, clothing sets, newsletters, support group meetings, and one on one support.
20. M.I.S.S. (Mothers in Sympathy & Support)
The mission of M.I.S.S. is to allow a safe haven for parents to share their grief after the death of a child. MISS provides support to parents enduring the tragedy of stillbirth, neonatal death and infant death from any cause including SIDS, congenital anomalies, trisomy 13. Grief education for parents and professionals is their main focus. They also provide family support packages, perinatal professional services, online support group forums, in-person support groups, counseling.

http://www.misschildren.org/
77 E Thomas Rd #112
Phoenix, AZ 85012
info@missfoundation.org
TEL: 1-602-279-MISS (6477)
TEL: 1-888-455-MISS (6477)

21. Missing GRACE Organization
The Missing GRACE Organization serves to help families on their journey through pregnancy and infant loss, infertility and adoption. They provide support and resources to aid individuals as they Grieve, Restore, Arise, Commemorate and Educate. Further, they commit to make available educational opportunities that will help bring about awareness and prevention of stillbirth.

http://www.missinggrace.com/org/index.html
The Center for G.R.A.C.E.
Pregnancy, Loss & Family Services
21370 John Milless Dr.
Suite 210
Rogers, MN 55374
info@missinggrace.org
support@missinggrace.org
TEL: 763-497-0709

22. Mommies Enduring Neonatal Death
Not-for-profit corporation whose purpose is to reach out to those who have lost a child due to miscarriage, stillbirth or early infant death and offer a way to share experiences and information through meetings, the bi-monthly newsletter, and our Internet web site.
23. The Angel Teddy Bear Foundation
   This organization delivers teddy bears to hospitals that are in turn given to parents of stillborn children, miscarriages and neonatal loss. Along with these teddy bears is a card containing a sympathy message and the website address.

   http://www.angelteddybears.org/
   PO Box 1082
   Latrobe, PA 1565
   info@angelteddybears.org
   TEL: 206-350-4405

24. National SHARE Office
   All of SHARE’s information packets, correspondence, and support is free of charge for bereaved parents. They also publish a bi-monthly newsletter that is available to bereaved parents, free of charge for the first year thanks to The Employees Community Fund of Boeing-St. Louis.

   http://www.nationalshare.org/
   402 Jackson Street
   Saint Charles, Missouri 63301-3468
   info@nationalshare.org
   TEL: 800-821-6819

25. Now I Lay Me Down To Sleep/Infant bereavement Photography
   This organization provides a helping hand and a healing heart to parents experiencing (at any stage) the death of an infant. NILMDTS offers a vital service to our communities. For families overcome by grief and pain, the idea of photographing their baby may not immediately occur to them. Offering gentle and beautiful photography and videography services in a compassionate and sensitive manner is the heart of this organization. The soft, gentle heirloom photographs of these beautiful babies are an important part of the healing process. They allow families to honor and cherish their babies, and share the spirits of their lives.

   https://www.nowilaymedowntosleep.org/
   2305 E. Arapahoe Road Suite #220 Centennial
   CO 80122
26. Perinatal Hospice
Clearinghouse of information about perinatal hospice and palliative care
http://perinatalhospice.org/

27. Remembered Forever
This site offers users the chance to create a personalized online memorial for their lost loved ones. You can add photos, memories, videos, tributes, stories and even light virtual candles in remembrance.

http://www.remembered-forever.org/
support@remembered-forever.org

28. SPALS: Subsequent Pregnancy After Loss
SPALS is a warm and compassionate group of people who have experienced the loss of a child due to miscarriage, selective termination, stillbirth, neonatal death, sudden infant death, or accidental death."

http://www.spals.com/home/index.html
michael@spals.com

Ireland Support Groups
1. Irish Hospice Foundation
Bereavement support is an important aspect of the work of the Irish Hospice Foundation. They provide resources including information, education and other services. They have produced a range of leaflets to download that are aimed to help bereaved people and those that wish to help a bereaved person. They include leaflets for children and some leaflets in Polish.

http://www.hospice-foundation.ie/
Morrison Chambers – 4th Floor
32 Nassau Street
Dublin 2
info@hospice-foundation.ie
TEL: (01) 679 3188
FAX: (01) 673 0040

2. Bereavement Counselling Service
The Bereavement Counselling Service offers support and counselling to enable people to deal with their grief. Their website has helpful hints and advice for dealing with many
different areas of grief and bereavement including Spouse/partners, helping the bereaved, grieving the death of a child, a child's grief, people with disabilities.

http://www.bereavementireland.com/
The Community Hall, Main Street
Baldoyle, Dublin 13
TEL: (01) 839 1766

3. Barnardos
Barnardos Bereavement Counselling for Children is a service for children and young people who have lost someone close to them – like a parent or a sibling - through death. Barnardos has developed information and resource materials on bereavement for children and adults.

http://www.barnardos.ie/index.html
Christchurch Square, Dublin 8
info@barnardos.ie
TEL: (01) 453 0355
FAX: (01) 453 0300

4. Irish Sudden Infant Death Association
I.S.I.D.A. offers support to families bereaved by the sudden unexpected and often unexplained death of an infant or young child and to others affected by it. The Association offers information on Sudden Infant Death to families, professionals, the media and the public, and promotes research into the causes and prevention of Sudden Infant Death.

Carmichael House,
4 North Brunswick Street, Dublin 7
isida@eircom.net
TEL: 01-8732711
HELPLINE: 1850-391-391
FAX: 01-8726056

5. Miscarriage Association of Ireland
The Miscarriage Association of Ireland holds support meetings, once a month in Dublin, where people can meet in a supportive environment and if they wish they can share their experiences with others who have had similar experiences. They also have a Telephone Support Line for those in need of support, understanding and a listening ear.

http://www.miscarriage.ie/contactus.html
Carmichael Centre
North Brunswick Street
6. **A Little Lifetime Foundation**  
A Little Lifetime Foundation (formerly Isands), provide information and support to bereaved parents and families. They work with health care professionals and others to develop good practices in the area of Infant death.  

http://www.isands.ie/  
Carmichael House  
4 North Brunswick Street  
Dublin 7  
info@alittlelifetime.ie  
TEL: (01) 872 6996

7. **Anam Cara**  
Anam Cara Parent Bereavement Support group supports parents and families on the loss of a child.  
http://www.anamcara.ie/  
HCL House,  
Second Avenue,  
Cookstown Industrial Estate,  
Tallaght, Dublin 24  
info@anamcara.ie  
TEL: (01) 4045 378

8. **Féileacáin**  
Féileacáin aims to provide support to anyone affected by the death of a baby during pregnancy or shortly after. They are a group of bereaved parents who came together to offer hope and support to others.  

www.feileacain.ie  
info@feileacain.ie  
TEL: 085 2496464

**New Zealand Support Groups**

1. **Miscarriage Support**  
They are a team of volunteers of various ages who have all experienced the loss of our own babies and would like to provide emotional support and information for women and their families during and after miscarriage and subsequent pregnancies  

2. Stillbirth and Newborn Death Support (SANDS)
Sands branches around New Zealand are parents helping to care for other bereaved parents, families and friends. They promote awareness, understanding and support for those dealing with the death of a baby in pregnancy, birth or neonatally, or due to medical termination, and other forms of reproductive loss.

http://www.sands.org.nz/
Sands NZ National Office
37 Hope Farm Avenue
Pakuranga
Manukau 2010
contact@sands.org.nz
info@sands.org.nz
TEL: 0800 726374

3. Twin Loss NZ
A New Zealand wide group for those who have lost one or more or all of their twins, triplets or more from early pregnancy to childhood and beyond, including the loss of a twin sibling in adulthood.

www.twinloss.org.nz
Rosemary Smart or Jan Liddell
PO Box 51-984
Pakuranga
Auckland 2010
twinloss@xtra.co.nz

4. Skylight
They offer a wide range of services to support those facing tough times of change, loss, trauma and grief - whatever the cause, and whatever their age. They also equip, train and support those wanting to assist them, such as friends or family members, community volunteers and professionals.

www.skylight.org.nz
2 Green St
Newtown, Wellington 6021
rs@skylight-trust.org.nz
TEL: 0800 299 100 or +64 4 939 6767
5. Grief Centre, Auckland
They provide support, advice & counseling to help those affected by grief and loss. The Death of a loved one shifts the whole foundation of their life. The Grief Centre offers Support Groups, and Training Courses.

www.griefcentre.org.nz
92 Hinemoa Street
Birkenhead, Auckland
TEL: (64 9) 418 1457

6. SIDS New Zealand
SIDS New Zealand Incorporated is a national organisation of parents, families and friends of children who have died suddenly and/or unexpectedly of any cause including SIDS.

www.sids.org.nz
PO Box 350
Waiuku 2341
info@sids.org.nz

7. Taha
Taha provides services for Pacific Mothers and Babies

www.taha.org.nz
The University of Auckland (Tamaki Campus)
Building 730, Level 3
261 Morrin Road
Glen Innes
Auckland 1072
taha@auckland.ac.nz
TEL: +64 9 373 7599 extension 83787
FAX: +64 9 373 7624

8. The Lost Ones
A NZ site dedicated to the ones that are lost to us through Miscarriage, Stillbirth or SIDS and to the ones they leave behind with empty arms and tear filled eyes.

thelostones.co.nz

Australia Support Groups
1. Pregnancy Loss Australia
Pregnancy Loss Australia (formerly known as Teddy Love Club) is a national support program for bereaved families who suffer the loss of their baby or babies from
miscarriage, stillbirth, termination for feetal abnormality and neo natal loss through our early support program and professional support services.

Po Box 7176 West Lakes SA 5021
contactus@pregnancylossaustralia.org.au
TEL: 1300 720 942

2. Angel Babies Foundation
Angel Babies Foundation provides free counselling and information to individuals and families across Australia experiencing anxiety, grief or loss related to infertility, ectopic pregnancy, miscarriage, perinatal death, stillbirth, premature birth or neonatal death.

http://www.angelbabies.org.au/
Monash Enterprise Centre
5a Hartnett Close,
Mulgrave, VIC 3170
info@angelbabies.org.au
TEL: 1300 283 238

3. Australian Multiple Birth Association
The Multiple Birth Association Bereavement Support Group (M-BABS) was formed to provide a means of communication for bereaved multiple birth families and surviving multiples and to act as a forum for the sharing of information relating to the unique aspects of loss for a multiple birth family.

http://www.amba.org.au/
ACN 088 772 276
PO Box 105
Coogee NSW 2034
secretary@amba.org.au
TEL: 1300 886 499

4. Bears Of Hope Pregnancy & Infant Loss Support
An Australian registered charity providing support and guidance for parents who experience the loss of their baby during pregnancy, birth or infancy. Through the donation of a bear of hope, parents are provided with the comfort of knowing they are not alone from the very beginning, and offered significant ongoing support to heal their broken hearts.

http://www.bearsofhope.org.au/
contact@bearsofhope.org.au
TEL: 1300 11 BEAR
5. Bereavement Care Centre
The Bereavement Care Centre offers complete bereavement care services including bereavement counselling, educational courses, books, CDs, DVDs and information for bereaved adults and children. There is a fee for services.

14 Hollis Avenue, Eastwood, NSW 2122
info@bereavementcare.com.au
TEL: 1300 654 556

6. National Association for Loss And Grief
To encourage and promote professional and community education in loss and grief. Has established many loss and grief support groups/chapters throughout Australia. Both group and one on one support is offered at no cost through a referral process.

http://www.nalag.org.au/
TEL: (02) 68829222
HELPLINE: 02 9489 6644

7. Pillars Of Strength
Providing dads with support and ‘time out’ while their baby is sick, and also to bereaved dads after the loss of their baby.

Mail: PO Box 93
Ryde NSW 1680 Australia
info@pillarsofstrength.com.au
TEL: 0423 028 751

8. The Stillbirth Foundation Australia
The Stillbirth Foundation works to reduce the incidence of stillbirth in Australia. To achieve this goal, the Stillbirth Foundation operates with the aims to: fund and encourage research into stillbirth; and increase public awareness about stillbirth. Whilst the Stillbirth Foundation does not offer direct bereavement support, we hope that the information you find in this website will provide you with some comfort that something is being done to address the terrible tragedy that is stillbirth.

Suite 8, 181 High Street, North Willoughby NSW 2068
TEL: 02 9967 3229